

The formula contains all essential vitamins and select minerals, surpassing Health Canada and USDA recommended daily intakes for many of the ingredients in just one serving. This allows you to get your daily vitamins and minerals from a product that is also high in antioxidants. This liquid form in its pomegranate base tastes great and is an excellent replacement for multi-vitamin tablets, chews or capsules. It also ensures the highest possible rate of absorption.

Each individual ingredient has been researched in studies in humans and animals. Based on clinical and pre-clinical literature, the formula provides ingredients shown to offer disease prevention in key areas such as heart disease, metabolic syndrome, certain cancers, type 2 diabetes, cognitive function, age-related disorders, neurological disorders, and gastrointestinal disorders.

Many key ingredients such as **Pomegranate, Blueberries, Cranberries, and Vitamin C**, contribute to its **very high ORAC value**. These counteract the free radicals present in the blood stream due to normal daily living and food choices.

A high ORAC value demonstrates an increased capacity to limit and control free radicals in the blood. The higher the ORAC value, the faster the free radicals are stopped and reduced. Taking the SYW Liquid Multi with food is a fantastic way to improve anti-oxidant status and assist in controlling oxidative stresses on the blood after a meal.

References available on request.

ORAC score per 32 oz. serving

In addition to its multi-vitamin and mineral components in ORAC Premium, not found in similar anti-oxidant products as listed below, ORAC Premium has a higher ORAC value per serving than all other leading brands.

Note, in the chart below, the increased ORAC value of taking our supplement over that received from brand name juices available on the market today:



See Yourself Well™ ORAC PREMIUM® High Potency Vitamin & Mineral Liquid Dietary Supplement.....160,000

Eniva Vibe™ 100,000
 Berry Young Juice™ 32,000
 Xango Juice™ 16,960
 Goji Juice™ 12,160
 Noni Juice™ 5,280

ORAC, Oxygen Radical Absorption (or Absorbance) Capacity, is an analysis that measures the antioxidant activity of a substance. The ORAC quantifies the degree and length of time it takes to inhibit the action of an oxidizing agent - specifically oxygen radicals - known cause damage to living cells.

Available locally at:

Professional Health Care Dealer

Manufactured for and Distributed by
 Nutrateg Life Sciences,
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 See Yourself Well™

ORAC PREMIUM® HIGH-POTENCY LIQUID MULTI-VITAMIN & MINERAL SUPPLEMENT



Designed to support healthy structure and function of the human body by providing essential dietary nutrients.

*Orac Premium is Brunswick certified



See Yourself Well™

ORAC PREMIUM® HIGH-POTENCY LIQUID MULTI-VITAMIN & MINERAL SUPPLEMENT

ORAC PREMIUM® High Potency Liquid Multi-Vitamin and Mineral product in a pomegranate base provides premium health benefits and ensures maximum absorption and bioavailability of multi-vitamins and minerals. Each 1 ounce serving of ORAC PREMIUM® provides clinically backed and industry leading:

- 5,000 ORAC Value (Oxygen Radical Absorbance Capacity), clinically proven to reduce free radicals in the blood stream;
- Delivered in all natural pomegranate juice, the new super fruit ingredients showing positive clinical evidence for reduction in some of the risk factors associated with cardiovascular disease such as improved endothelial function and reduction in high blood pressure;
- Protection against risk factors for Metabolic Syndrome, otherwise known as pre-Type 2 Diabetes;
- Protection against risk factors for diseases including heart disease, cancer, and neurological disorders;
- In order to capture these benefits, the optimal dosage intake is 8 ounces per day of pomegranate juice, or the equivalent of 1 ounce per day of the See Yourself Well™ ORAC PREMIUM® Liquid Multi-vitamin and Mineral Supplement;

JUST ONE OUNCE OF

ORAC PREMIUM® HIGH-POTENCY LIQUID MULTI-VITAMIN & MINERAL SUPPLEMENT

is equivalent to the listed nutrients found in these commonly consumed foods:

3 pomegranates High ORAC		1 green pepper Vitamin B6
83 cups of spinach Vitamin B2		6 eggs Selenium
10 cups of milk Vitamin D3		8 apples Vitamin C
42 cups of asparagus Vitamin B1		1 large whole tomato (20 cherry tomatoes) Lycopene

PLUS many healthy nutrients from whole-food sources

Source of nutrient values based on recent government research reports. See Medicinal Ingredients for complete nutrient listings. Based on ORAC Antioxidant Score.